



SHAMANIC DRUM & HEALING CIRCLE – 2 HOURS, OPEN LEVEL

This is a regular circle, Open to all (adults). No experience required – it works!
The most inexpensive way to work with me.....

Cost £14 in advance, 6 spaces. Advance booking required.

Dates – See below for dates. Doors open 7.15, start 7.30 – 9.30. Refreshments afterwards.

Location – 2 Woodmill, Yatton, North Somerset. BS49 4QG

These are held usually around the time of the Full Moon or New Moon at Yatton Clinic. However, they can also be supplied elsewhere and have been used in team building, inset days and so on.

From complete Beginners to experienced, it all blends together. There are no tricky things to learn, as the group blends together. Dates for 2018 (please always check they haven't changed).

Wednesday January 31st

Thursday March 15th

Thursday April 26th

Tuesday June 12th

Thursday July 26th

Monday September 10th

Tuesday October 23rd

Thursday December 6th

SESSION COVERS:

- The format can vary but we usually have rounds of drumming together – with a purpose
- Some spiritual teachings
- Group drumming with each person in the centre
- One to one mini drum healings on the couch (usually picking up a message for you)
- A short journey to complete the evening.

Frame Drums (some vegan), beaters and shakers may be borrowed for the evening.

LEVEL – Open level. No experience required. Drums provided or bring your own frame drum.

STUDY – None



Your Tutor

Nina Dungey has been studying Holistic Therapies since 1992. Loves to teach, and help people start on their path. She brings a wide range of therapy and life skills and teaches in a fun, safe and practical manner.

BOOKING – Nina@NinaDungey.com 01934 876234; 07813 113126.