



SEATED (ON-SITE) MASSAGE – TRAINING DAY

One-day accredited course with the Complementary Medical Association. 7cpd points.

Cost £145 (£40 non-refundable deposit, balance due 2 weeks before the day).

Dates – Dates on request. 1-4 people.

Location – 2 Woodmill, Yatton, North Somerset. BS49 4QG

A one-day training course open to existing therapists with a body massage and A&P qualifications. As more and more is required of employees, the benefits of on-site chair massage, which has been utilised in the workplace for more than 20 years, results in enormous cost savings, increased productivity, higher morale and less absenteeism. Great for all sorts of events and promotions.

On Site Chair Massage is easy to set up and run, can last any time between 15 – 30 minutes and, as it uses no oil, takes place with the client fully clothed. This treatment will leave the employee feeling re-energised and ready to return to work. Also an ideal treatment for those unable to lie on a massage couch.

COURSE COVERS:

The manual and training together cover:-

- What is On Site Seated Chair Massage
- How does it Work?
- History of On Site Seated Chair Massage
- Benefits of treatment Contraindications/Restrictions to Massage Anatomy
- Contra-indications
- Anatomy
- Massage Routine
- Treatment Reactions and Aftercare Advice
- Consultation Form
- Care of the equipment

All items required for the course will be provided, including refreshments at breaks. Please bring your own lunch.

LEVEL – You will need a Full Body Massage and A&P qualification.

STUDY – home study of notes provided before the course day. Informal assessment on the day.



Your Tutor

Nina Dungey has been studying Holistic Therapies since 1992. Loves to teach, and help people start on their path. She brings a wide range of therapy and life skills and teaches in a fun, safe and practical manner.

BOOKING – Nina@NinaDungey.com 01934 876234; 07813 113126.